

# YES! Awards PowerPoint Presentation INSTRUCTIONS

## Required slides include:

1. **Cover slide** (see *example slide 3*)
2. **Team Introduction slide** (see *example slide 4*)
3. **Summary of Accomplishments, 3-10 slides** (see *example slides 5, 6 and 7*)

These slides will be a *visual representation* of your “Summary of Accomplishments”, as written in your Final Report, depicting all of your team’s work and activities this year..

Examples of visuals to include:

- tools/resources used (education kits, displays)
- promotional efforts (posters, announcements)
- responses from community members or fellow students (surveys, newspaper articles)
- your team “in action”!

Please include a descriptive caption with each of your visuals

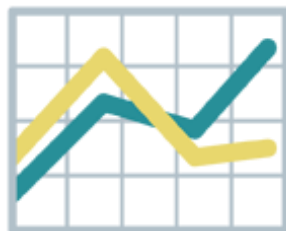
## Types of visuals that may be included in the PowerPoint:



website screen  
shots



photos



tables/graphs

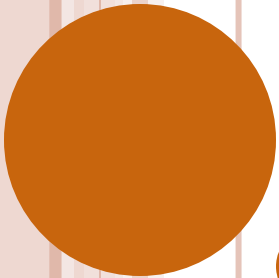


newspaper articles



embedded videos

Visuals in this PowerPoint are expected to be your team’s own work.  
For example clip art, stock photos and external videos will NOT be accepted.



# YES! ENERGY ACTION PROJECT REPORT



**Litchfield High School**



## WE ARE THE LITCHFIELD HIGH SCHOOL YES! TEAM

- Our team advisors are Luke Stordahl and Jo Carlson
- 9 students were members of our YES! Team throughout the year



WE TOOK AN EARLY SEASON FIELD TRIP TO ST. BEN'S/ST. JOHN'S. OUR ORIGINAL INTENTION WAS TO VISIT JACK'S FAMILY RECYCLING (OUR VENDOR FOR OUR E-RECYCLING EVENTS), BUT THEY HAD TO CANCEL. WE WENT TO ST. BEN'S INSTEAD AND HAD THE AMAZING OPPORTUNITY TO VISIT WITH THEIR SUSTAINABILITY FELLOW, GIRLS LIVING IN THEIR ECO-HOUSE, AND, BEST OF ALL, WE GOT THE INSPIRATION TO GET HYDRATION STATIONS!

***Field trip to St. Ben's Eco House, St. John's Solar Farm, and St. John's LEED Certified Building***



CLOCKWISE – STARTING IN UPPER LEFT

- \* YES! KIDS IN OCTOBER IN A TRAILER FULL OF RECYCLED ELECTRONICS
- \* YES! KIDS IN MARCH AT INITIAL ONE VEGETABLE, ONE COMMUNITY MEETING
- \* KALE GROWING IN OUR GREENHOUSE (PHOTO FROM APRIL)
- \* PRESENTS WRAPPED IN RECYCLED OUR “FOUND” MATERIALS FROM OUR GREEN YOUR HOLIDAYS EVENT



[photo



e text



## PRAIRIE DRIFTER FARM

- Our YES! team had the opportunity to volunteer at a local organic farm. On October 1 several of our team members and coaches carpooled out to Prairie Drifter Farm. We helped out by washing pumpkins and harvesting potatoes. Not only did we get the chance to get our hands dirty, but we also learned a lot about organic farming and the importance of buying locally grown produce.

*PRAIRIE DRIFTER FARM*  
*CHRONICLES OF A DRIFTER*  
*CSA NEWSLETTER*

*OCTOBER 4, 2011*

- We also had a great crew of students and teacher advisors here on Saturday afternoon with the Litchfield High School YES! (Youth Energy Summit) team. YES! is a team-oriented youth program that uses hands-on learning and action projects to address energy opportunities and issues in rural Minnesota communities. There was a YES! Team in the community we used to farm in and it is great to see this program in Litchfield as well. The students from the Litchfield YES! Team were very nice and engaging; we love to see students take leadership roles and get involved in their communities. The team was interested in learning more about the farm so the group came out for a tour and a chance to get their hands in the dirt. We were very grateful to them for their work which included digging potatoes, washing pumpkins and squash, bringing pumpkins out of the field and pulling T-posts from the tomato field. It was a treat to have seven additional pairs of hands making the work go that much faster. We also really enjoy the company – sometimes the farm is a little quiet with just our family and Abe just loved the bustle of the extra visitors.

## E RECYCLING

- Our Yes! team put on an electronic recycling event this past fall. It was open for the public to bring in old or unwanted electronic items to be recycled. There was no charge for bringing in items; there was only a free will donation. It was very successful; we filled two large containers full of unwanted electronic items in just a few hours.





## E-RECYCLING EVENT

- This event helped keep electronic items out of landfills where they would release hazardous materials into the air or water. Many electronic items, like televisions, computers, and telephones, are classified as hazardous waste. By recycling these items many of the materials used to make them can be reused. For example, the glass on a television and the plastic from many things like fax machines can be reused. Also, many electronic items contain precious metals, like gold, that can be obtained for future use. Recycling electronic items also helps reduce the amount of greenhouse gases released by producing new products.
- April 2011
  - 22,900 lbs. collected
- October 2011
  - 12,400 lbs. collected
  - \$1,163.95 collected in donations
- Total:
  - 35,300 lbs. collected
  - \$6,880 in fees waived



**BACK BY POPULAR DEMAND:  
THE LITCHFIELD YES TEAM! IS  
HOLDING AN...**

# **E-RECYCLING EVENT!**

**WHAT: BRING ANY ELECTRONICS THAT  
YOU WISH TO GET RID OF**

**WHEN: OCTOBER 29<sup>TH</sup> FROM 8 A.M. TO  
NOON**

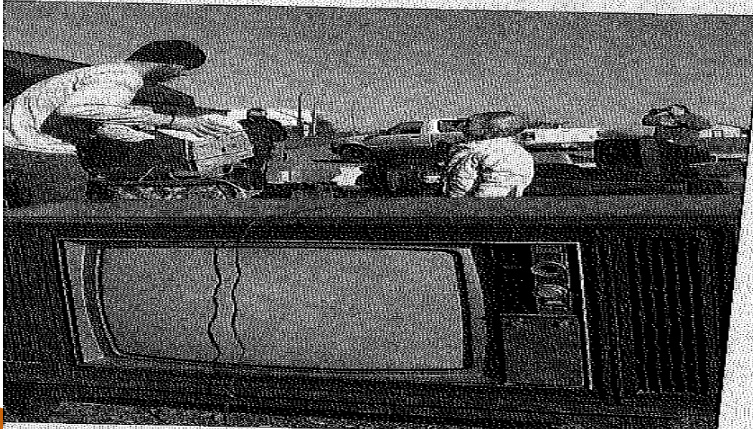
**WHERE: THE CIVIC ARENA**

**CHARGE: FREE WILL DONATION**

**Come on over and drop  
off your electronics!**



## Collects two large loads of e-waste



STAFF PHOTO BY ANDREW WIG

Coordinator Luke Stordahl sets down a printer and other electronics and small appliances recycled during the drive.

... collection  
... et from the  
... out was an  
... televisions  
... t aside —  
... old Zenith  
... ewer silver

Those televisions waited until Monday to be collected by the recycling company, which provided its services free of charge. In total, the company estimated it collected a total of 20,000 pounds of electronics and small appli-

ances.

In conducting the collection, the YES! Team helped to reduce what is commonly called e-waste, one of the fastest growing segments of America's waste stream, according to Jack's Family Recycling.

The collected electronics will be de-manufactured at the company's Alexandria plant. The materials — copper, tin, aluminum, plastic and the leaded glass found on televisions — again will become electronic components such as circuit boards and wiring.

YES! Team coordinator Luke Stordahl estimated the team collected even more electronics and small appliances than during its previous effort.

"It's been steady," the LHS English teacher said Saturday. "Steady all day."

Steady was a nice change of pace from the spring collection event. "Last year it was a crush," Stordahl recalled.

The YES! Team members working Saturday were rewarded with first dibs on any treasure. Objects placed in the "keep" pile included a small TV with a clear plastic case, the kind used in prisons to ensure no one tries using them to

smuggle in a

Another student brought a like-new flat-panel monitor. "I was called out several times quick on the spot,"

Lorien Rattner was with the AHS team when she grabbed. "The monitor was useful," she declared.

The YES! Team might have to look elsewhere for

Cargill  
FALL  
Donate your e-waste  
for a chance to win a  
\$1000 Cargill gift card.  
Items will be recycled.

Granted our the scan is bad, but here's a newspaper write-up from this Fall's e-recycling drive. We still get calls about when our next one will be (Fall 2012 – if you're interested and from the Litchfield area)

## GREEN YOUR HOLIDAYS

- Our Green Your Holidays Event received a jubilant welcome from the denizens of Litchfield. Our “Cup-Cake Walk” was popular with the children as were the coloring stations we’d set up and the solar-bag we’d acquired. The adults, meanwhile, sampled the smorgasbord of carbon-friendly cookies both we and the cooking courses in our school made. Overall, the event was a hit with the children (even though we ended up chasing down the solar-bag when it managed to escape its leash); and we managed to convey our message to a variety of community members, as well as collect a plethora of holiday lights for recycling.

# Green Your Holidays

- Stop by the Litchfield High School south lobby on December, 10 from 1:00-4:00PM
- Win Fabulous Eco-friendly Door Prizes
- Lots of fun kids games
- Eco-Friendly Gift Wrapping
- Solar Panel open house (with contractor John Duevel to answer questions)
- Carbon-friendly cookies and cider  
(Blizzard date Dec, 17)



***Come see the solar thermal panel our school put up***

***Please bring any Christmas lights or electrical cords to recycle them***

## LHS HYDRATION STATIONS

- LHS has installed three hydration stations into their schools. We first had this idea to create an improved, greener system for drinking water. The hydration stations in our school have promoted reusing water bottles instead of continually throwing plastic bottles in the garbage. It takes 700 years to decompose a water bottle. At LHS we are trying to avoid the use of water bottles to help better our environment. The efficient, sanitary, and eco friendly water filling stations are a big success in our schools, we have saved 5,000 water bottles from being used in just one month of being utilize.
- Plus, we shared the cost of putting in the stations. Our vendor procured them and installed them with a \$1,665 savings. We raised \$490 from a Water Wars competition among high school students. The school agreed to pay around \$800 of the cost. And we used grant money and e-recycling money to fund \$1,500.

# Water Wars!

## Advisory Challenge:

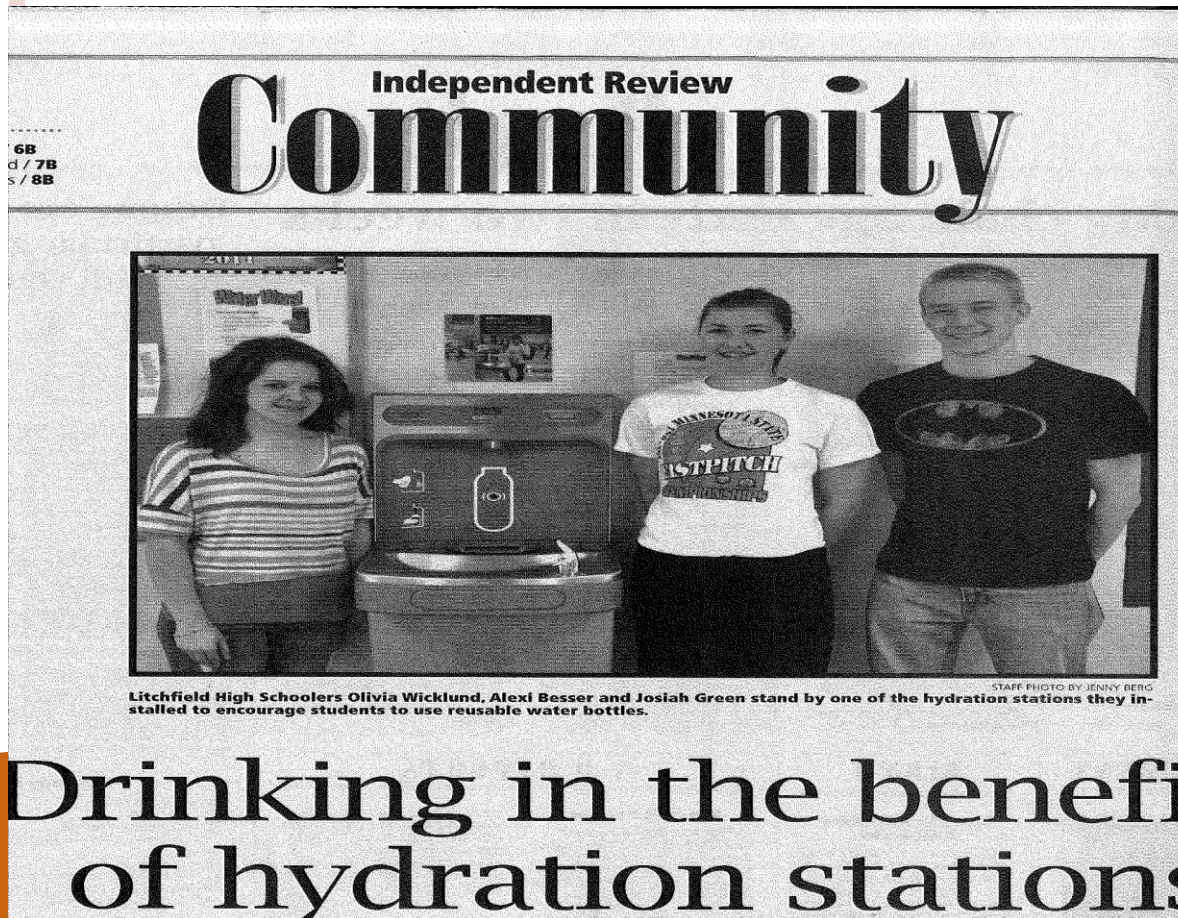
- The FCCLA and YES! Teams are raising money to install a hydration stations in our school.
- Help us raise money by filling up the water bottle with your loose change in your advisory.



- The advisory with the most money per student will get a pizza party!



# FEATURED ARTICLE ON OUR HYDRATION STATIONS!





# GREENHOUSE

- We are growing vegetables to start for our own group garden! We currently have 60 tomato plants (all heirloom varieties) and Kale. We'll start more seeds soon.
- We have learned a lot since our attempt last year. The vents in the greenhouse are working well and we have established a watering schedule to keep the plants thriving. We have also had a lot of help from our friends at Prairie Drifters Farms and from Stockmens Nursery.
- Plus, we're working with the Middle School FACS teacher and we are starting 120 tomato seeds that will be transplanted and taken home by all the 5<sup>th</sup> graders.
- Plus...



## ONE VEGETABLE ONE COMMUNITY

- One of the new opportunities the Litchfield High School YES! Club added this year was partnering with the One Vegetable One Community Program. This program has recently been done by the City of Duluth, Minnesota. The program of One Vegetable One Community mission is to reduce health care costs, increase consumption of fruits and vegetables, increase access to healthy foods, and education consumed of produce. This year's vegetable is the tomato. The tomato was chosen due to its diversity and it can be grown in a pot. We have many activities and events planned to get the community active and excited. There will be a big kick off event with a starter kit giveaway. There will be an educational seminar and a kit will be handed out to start their own tomato plant. We plan on community garden plots, community education programs, such as classes and programs, and we will be working with the 1<sup>st</sup> grade class decorating pots and planting their own tomato plants to bring home. Also to give the program a little zip we plan to hold a competition at the end of the tomato growing season for the best salsa and chili cook-off. Overall, we hope this program to be a big hit and success this coming spring and summer.

## ONE VEGETABLE, ONE COMMUNITY grow, cook, eat, learn

### What is it?

Grown out of the Statewide Health Improvement Program (SHIP) and inspired by the Duluth Community Garden Program's initiative, One Vegetable, One Community (OVOC) brings us together around food, healthy eating and healthy communities. The idea is to inspire and rally the community around growing and preparing a single vegetable. Through One Vegetable, One Community, we hope that people can grow together, cook together, eat together and learn together, and at the same time build a stronger local food system, increase access to healthy foods, and nurture a healthy community.

### How can you get involved?

Plant a tomato plant or plant many! Share recipes, dig out old recipes, create new ones, share cooking tips, take a class on canning, throw a salsa party, read up on the history of the tomato, attend a community education event on tomatoes, try a new tomato dish at a local restaurant, have a tomato tasting event, take part in One Vegetable, One Community events. We hope to see tomatoes all around the community – in hospital cafeterias, in day cares, in schools, in restaurants, in garden plots, in pots on a front step, at potlucks, and at events throughout the year.

### Growing kits

Growing kits which include a tomato plant, growing tips, recipes and more will be available free to community members at the end of May. Check out the OVOC website for the giveaway date to be announced. On that website and on our Facebook page, you will also find information about upcoming events.

This project is made possible in part by our community Statewide Health Improvement Program (SHIP) grant.

The 2012 Vegetable  
of the Year is . . .



the Tomato!



Meeker, McLeod, Sibley  
*Healthy Communities*

For more information, please contact  
Pam Bagley, Meeker County SHIP grant  
coordinator, at Meeker County Public Health:

320.693.5370  
pam.bagley@co.meeker.mn.us

This is the first flyer from the One Vegetable, One Community (OVOC) project that YES! Is in a partner in.

Our role is ...

- to start the 1,200 tomato seeds that will be given away in starter kits
- Help with educational events for the public
- Help every first-grader decorate a pot, transplant a tomato, and go home with instructions about how to grow it
- Work with Meeker County Health and Vivid Image to produce the website for OVOC



ONE VEGETABLE, ONE COMMUNITY

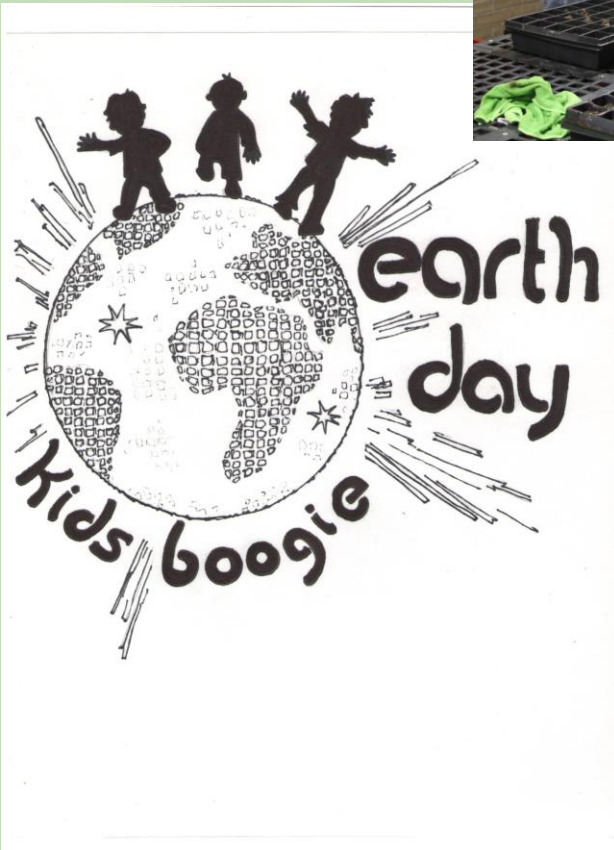
Here are YES!  
Members at the  
initial planning  
meeting of One  
Vegetable, One  
Community!

## EARTH DAY KIDS BOOGIE

For April 21<sup>st</sup>, the YES! Team is working with LHS Student Council and Litchfield PAK (Parents and Kids) to throw an Earth Day Kids Dance.

The top right picture are PAK members planting Marigold seeds in our greenhouse. We have 150 marigold flowers ready to be transplanted by kids at the dance.

The bottom left image is the logo for flyers and t-shirts for the dance. (The earth is a disco ball.)



## PAUL THOMPSON

- Our school was privileged to have Paul Thompson, an environmental activist and head of MN350.org and coolplanet.com, speak to us. After his presentation to the student body our YES! team had the opportunity to meet with him over lunch for an hour. It was a great learning experience to hear about little things we could do to help the environment. We had a few great discussions on current environmental issues and their possible solutions. Paul gave his support to our group and got us thinking about new project ideas.

**THE END**  
**YES! ENERGY ACTION PROJECT REPORT**

